

- In Trend (Nov 19) -

My top three trends of this quarter include Fluffy Brows, French Manicure and Dewy Skin.

### FLUFFY BROWS

This season we are seeing more of the fluffy brow look. The likes of Chanel and Salvatore Ferragamo are highlighting big, bold brows, embracing a more natural look on the runways. Just as with the rest of the year, big brows are going nowhere! The only difference now is that we are seeing a less groomed approach. I am sure you have all seen pictures of the brow lamination treatments that have become popular in recent months, and this shows the trend perfectly. Brow lamination works in a similar way to lash lifting. The process involves straightening the brow hairs, so that they stand in a desired direction. Although we do not currently offer this treatment in salon, we can offer advice on how to achieve this look without the high price tag. When coming to your brow appointment, ask for no trimming. The result means that the brows look less defined and can give the appearance of fuller brows. You can use a brow gel to stick up the hairs, to give that lamination effect.



### FRENCH MANICURE

The noughties French manicure trend has definitely come back into fashion. Just a quick glance at Celebrity and Influencer Instagram accounts prove this. The likes of Bella and Gigi Hadid, Ariana Grande and Paris Hilton have all opted for the French style nail design this season. The difference to the 2000s classic French, is that we are now adding a bit of personality to the manicure. The square tipped shape has been reinvented, with touches of minimalistic nail art or different tip shapes. We are also seeing this trend at the salon a lot more recently. French manicures start from £21 in Vinylux and £31 in Shellac.

### DEWY SKIN

My final trend pick is dewy skin. Although summer has most definitely ended, it doesn't mean that our skin has to show this too. This season it is all about the cream-based products and getting regular facials to enhance that all-natural glow. Stella McCartney has even been giving their models mini facials backstage, which means less makeup is needed to achieve that dewy look. My beauty advice Facebook post this month tells you how to achieve this trend, so it is worth taking a look at.



If you are thinking about getting a facial to achieve the dewy look, I would recommend getting the Bee Balanced facial. This facial includes all cream products from the Heaven

range and is our most moisturising facial. Alternatively, if you are looking for at home products, I would recommend the Heaven New Edition cream cleanser. Not only does it include beetroot which promotes healthy skin, but it also includes carrot oil and ylang ylang, which are both known for their moisturising properties. Prices start from £8.